CONNECTING THROUGH THE ARTS

LASTING SUPPORT

Making Ealing more creative

Join our therapeutic sessions for Ealing Town residents, which combine arts, music, mindfulness, and yoga to improve wellbeing, increase safety, reduce isolation, and strengthen community connections for parents, children, and young people alike.

Creativity

Wellness

July 8th until August 26th

17:00 - 19:00

Dickens Yard

16A New Broadway, London W5 2XA

admin@lastingsupportservices.com

https://lastingsupportfoundation.org