



Who is the founder of Stabilis CIC?

Carroll Konopacki (they/them) is a 23-year-old photographer, community arts facilitator, and founder of Stabilis CIC, based in the London Borough of Ealing.

Diagnosed with ADHD (combined type) and Autistic Spectrum Disorder, Carroll experienced firsthand the isolation of navigating creative and educational spaces that were not designed for neurodivergent or gender-diverse bodies. Despite holding a First-Class Honours degree in Photography, their time in higher education was marked by constant masking, sensory overwhelm, and the exhausting labour of explaining their needs to institutions that treated access as an exception rather than a baseline.

This experience did not diminish their commitment to the arts. It refocused it.

Rather than continue seeking inclusion in spaces that were not built for them, Carroll chose to build something new. Stabilis: Expressive Pathways is not a traditional arts programme. It is a deliberate, meticulously designed alternative: a space where neurodivergent, queer young adults do not need to ask permission to exist comfortably. Low, warm lighting is the default. Headphones and fidgets are visible and accessible. Gender is never assumed. Participation is a menu, not a binary choice. Art requires no talent, no explanation, and no performance.

Carroll brings more than lived experience to this work. They bring rigorous training in trauma-informed, neurodiversity-affirming facilitation; a deep commitment to peer-led, community-owned models; and a First-Class Honours degree in Photography. They have designed four complete workshop modules (zines, photography, collage/text, movement), a facilitator training pathway, and a low-burden participant feedback system.

Their long-term vision is not simply to deliver programmes, but to train alumni as paid co-facilitators, produce a free "Built-In Access Toolkit" for other community organisers, and demonstrate that the most marginalised young people are not problems to be solved—they are leaders waiting to be supported.

Carroll is a resident of Ealing and is building Expressive Pathways in and for their own community.