



AN HOUR A WEEK A LIFETIME OF IMPACT

WHO ARE MCR PATHWAYS?

MCR Pathways is a national, award-winning volunteer mentoring charity. Established in 2007, our vision is for all young people to have an equality of educational outcomes, career opportunities and life chances.

We do this through our school-based mentoring programme, matching young people with a fully-trained volunteer mentor. We support vulnerable youth, including care-experienced young people, young carers and those who are experiencing instability. Recognising talent in every young person, we help them grow and utilise their abilities.

Our volunteer community continues to grow every day. The impact on the young people we work with is **transformational**.

WHAT IS A MENTOR?

Our mentors are:

- Empathetic & kind
- Open minded
- Non-judgemental
- Friendly & approachable
- Understanding & patient
- Committed & reliable



Our mentors volunteer:

- For 1 hour each week
- During term time
- In a local school of their choice
- For at least 1 academic year within school hours (9am-3pm)



YOUR JOURNEY TO BECOMING A MENTOR



Registration

Simply register on our website **mcrpathways.org** You will be asked to watch a brief video and fill in a short form.

One-to-One

You will meet with one of our team who will ask you all about yourself, your interests and experiences. This will help us match you to a young person in need in your community.





Training

Before you can be matched with a young person you will attend a mentor training session. This will provide you with the essential information needed to mentor a young person in school. We will answer any questions you may have and give you guidance on how to build a strong and meaningful relationship with the young person you are matched with.



Using the information we have gathered from your one-to-one, we will start the process of finding a suitable match based on your location, interests and life experiences. Time and care is taken to ensure we find the best match for our young people. **Our Mentor Services team will be** on hand at every stage to guide you through this process.



Meeting

The last stage of this journey is meeting your mentee and learning about one another, whilst nurturing and building your relationship. Don't forget, we will support you along the way as you develop your mentoring and listening skills.

"I wish I had done it sooner. It's such an amazing experience. To see somebody grow and become more positive, more confident... you can't buy that kinol of thing."

WHAT IS THE IMPACT OF MENTORING?

MCR Pathways' impact on attainment, achievement and post-school destinations has been transformational.



83% of mentored young people progressed to college, university or employment after school compared to 62% of those who weren't mentored.

72% of mentored young people stayed on at school compared to 50% of non-mentored young people.







CAN I BECOME A MENTOR?

"Everybody's got something to offer. Everybody's got life skills. It doesn't matter where you come from. It was the best thing that I've ever done"

Our volunteer mentors come from every walk of life, background and profession. As every young person is unique, we welcome a diverse range of people to join our mentor community. No prior experience is needed, just the ability to listen and consistently be there. All it takes is an hour each week to change a young person's future.

"My mentor believes in me when I olon't believe in myself. They give me something to look forwarol to every week. I olioln't think someone could mean so much to me"





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MCR Pathways is a SCIO regulated by OSCR Scottish Charity number SC045816